



CYPRUS FENCING FEDERATION

Frequently asked questions - answers



Do you want to be or are you a Fencer?

Then the following information is of interest to you...

1. What I need to register at a fencing club?

You must be at the age of seven, not be enrolled in another fencing club in Cyprus and have a valid Health card. In detail, the procedure and supporting documents to be submitted to the federation are described in the registration and transfer regulation, where you will find relevant forms. You can find the regulation at: <https://fencing.org.cy/statutes-regulations/> The application can be made on-line through a link that can be found here: <http://fencing.org.cy/rules-documents/>.

2. How do I know if the club I register is suitable or qualified?

First of all, it must have its own training area and the necessary equipment (uniforms, masks, swords, plastic equipment for children, etc). Make sure the coach is experienced in fencing training and certified by the federation. Finally, make sure that the club is registered with the Cyprus Fencing Federation and actively participates in competitions under its auspices. A list of registered Clubs in the federation can be found at: <http://fencing.org.cy/clubs/>

3. How is the Health card issued?

The Health Card (HC) is issued by the Cyprus Sport Organization (CSO). The validity of HC is 3 years for athletes under 35, and 2 years for athletes aged 35 years or older. You will need to have some medical examinations depending on your age. Exams can be done in a private clinic or hospital. No athlete older than 35 years can compete without taking a fatigue test. So if you are 33 years and 6 months old, and you do not have a fatigue test, you will be given a HC for 1 year and 6 months (up to the date you complete your 35th year of age). In detail, the type of examinations and the procedure to be followed, as well as a relevant form to be completed, can be found at: <https://www.cyprussports.org/gr/asya>

4. What I need to be eligible to participate in official-rated competitions at Cyprus or abroad?

First of all, you must be registered with a fencing club member of the Federation. In order to participate in domestic tournaments, you must have a valid National Athlete's license, and for foreign tournaments you must have a valid International Athlete's license. The federation is responsible for the issue of these licenses and you can apply in accordance with the procedure described in the registration / transfer regulations. You can find the regulation at: <https://fencing.org.cy/statutes-regulations/> The application can be made on-line through a link that can be found here: <http://fencing.org.cy/rules-documents/>.

5. How can I register at official-rated competitions in Cyprus or abroad?

For tournaments in Cyprus, you can ask your club to register you at least 4 days before the competition. The entries application is made online for all athletes. The entry participation fee must be paid to your Club, as it is paid collectively for all athletes by depositing into the Federation's bank account together with the participation application. For foreign competitions, the above procedure is followed again, but the request to the federation must be made at least 10 days before the deadline for entries set by the



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organizer. The process is described in detail in the annual notice of competitions, where there is also a link for online entries. For foreign nationals residing in Cyprus, there are certain restrictions regarding their participation, but only in the National Championships. You can find the announcement at the address: <http://fencing.org.cy/calendar-cyprus/>

6. How do I earn points in the National ranking?

To be rated in the Pancyriot ranking you must participate in domestic competitions included in the federation's annual competitions calendar. The table with the competitions, the regulations in force, the participation and scoring process and more, are described in the competition notice of the federation, which can be found at: <http://fencing.org.cy/calendar-cyprus/>

7. How do I earn points in the World (FIE) or European (EFC) ranking?

- To get points in the FIE ranking, you must participate in competitions included in the FIE - Federation International d' Escrime - competition calendar. The competitions are divided into 2 age categories, seniors 13+ and young men / young women under the age of 20 (juniors U20). These matches can be found at: <http://fie.org/competitions>

- For European ranking, you must participate in competitions included in the annual European Fencing Confederation (EFC) competition calendar. The competitions are divided into 3 age categories, junior men / junior women under 23 (juniors U23), cadets under 17 (cadets U17) and under the age of 14 (U14). These matches can be found at: <https://www.eurofencing.info/competitions>

- The FIE and EFC competitions are evaluated and depending on the performance they award points that count towards the selection for inclusion in the National Team.

8. How can I join the National Team?

Athletes of the National Team are selected according to specific measurable criteria and depending on their performance in international and domestic competitions for one competitive period (Sep to July). The athletes who are selected and included in the plan are divided into 3 categories. The category of High performance-International achievements (A), the category of International competitions-High National level (B) and the category of Development (C). For the A category, specific performance criteria in international competitions apply for all weapons, while for the B and C categories you must be in the first 2 places of the general rankings of the men's/women's seniors or juniors U20 or cadets U17 category or in the first 4 places of the general ranking of the boys/girls category U14. Therefore, only athletes of weapons that official competitions are held in Cyprus are selected. The list of athletes is renewed every 4 months, depending on the performances in the competitions and the position of the athletes in the general rankings. The eligibility criteria for be selected in the plan for National Teams can be found in the National Team and International Participation Regulations at: <https://fencing.org.cy/statutes-regulations/> You can find the athletes selected in the National Teams here: <https://fencing.org.cy/national-team/>



9. What does the National Team offer me?

For Athletes of the National team, depending on their category, the federation plans and covers the costs of participating in selected competitions abroad, including the European and World Championships of their category. Also are scheduled joint training sessions at the National Training Center in Limassol, individual lessons with the national coach and training preparations in Cyprus and abroad. For the athletes of the National Team, the travel expenses for joint trainings and athletic equipment are also covered. More information on the motivation plan for athletes can be found in the National Team and International Participation Regulations at: <https://fencing.org.cy/statutes-regulations/>

10. How much does the equipment for competitions cost? Where can I get it?

For the competitions in Cyprus you need 350N suit and 800N under plastron. In addition to the basic individual equipment, you must present 2 swords and 2 body wires in the competitions. There is no fencing shop in Cyprus but there are many shops that you can order online. Prices vary depending on the company, but you need around 350-400 Euros for complete individual competition equipment. From 2024 to compete in cadets and above you will need a 1600N mask, 800N suit and FIE blade sword, so the cost will increase quite a bit.

11. Do I need different equipment if I compete abroad?

At FIE & EFC competitions you will need different and more expensive equipment. 800N suit, 1600N mask, FIE certified swords, plus the surname and the country printed in the jacket, as well as the official design of Cyprus on trousers and mask (not obligatory). So if you are thinking about playing abroad or in international competitions, you better buy this equipment in the first place. In other international competitions you may not need different equipment, but always check the competition announcement before travelling. The official designs of Cyprus for the uniform and mask can be found at: <http://fie.org/fie/documents> (Logos of the national colors on clothing).

Notice that only Cypriots are allowed to print the National colors on the uniform and mask and enter international FIE or EFC competitions.

12. If I live permanently or temporarily abroad, how can I join the National team?

In case you can't participate in the domestic competitions, you should get a high performance result that is included in the selection criteria for the A category of the National Teams plan, stated in the regulation. In this case you are not required to participate in competitions in Cyprus, but you must follow the procedure of declaring a permanent or temporary residence abroad, which is described in the registration-transfer regulations. You cannot join the other categories of the plan unless you are a permanent resident of Cyprus and participate in the domestic competitions.

13. What are the motivations for athletes?

The motivation plan of the CFF for athletes provides financial compensation to those participating at their own expense in foreign competitions and achieves high performance. There is also a bonus for the champions in the overall Pancyprian rankings at the end of the season. In detail, motivation & benefits are



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found in the National Team and International Participation Regulations at: <https://fencing.org.cy/statutes-regulations/>

14. How do I participate in the World or European Fencing Championship?

The participation of athletes in these games is carried out by a selection process that depends on your performance. If you are not a member of the National Team plan, you must be in the top 4 positions of the Pancyprian rankings, have participated in the annual CFF Cup or Championship, in which you must have ranked in the first 30% of the participants and in addition have participated in an official competition abroad of your age category and have passed through the poules (qualifying round). The selection process and criteria are described in the National Team and International Participation Regulations at: <https://fencing.org.cy/statutes-regulations/>

15. How can I change Club?

You will need to request a transfer during the transfer period, at the end of July, beginning of August. The Club that you have been registered must give you a statement that you have no financial debts to that. During the competition period, transfers are generally not allowed except for a significant reason, where special procedures apply. In detail, the procedure and supporting documents to be submitted to the federation are described in the registration and transfer regulation, where you will find relevant forms. You can find the regulation at: <https://fencing.org.cy/statutes-regulations/> The application can be made on-line through a link that can be found here: <http://fencing.org.cy/rules-documents/>.

16. Where will I find more information?

The federation has its own website www.fencing.org.cy where it publishes announcements, news, results of competitions, rankings and more. There is also a page on the facebook - Cyprus Fencing Federation - where news and photos from competitions and other events are published.

17. Who can I contact for more information?

Our official contact details are:

Tel: +357
Official correspondence info@fencing.org.cy
Competitions & Licenses cyfencing@gmail.com
Media & Public Relations cyfencing.pr@gmail.com
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